

## White Mts. New Year's Teen Trip

  

# Gear List

Below is a list of required gear for our upcoming teen trip. Be aware that most people bring too much gear. *Please try to pack as light as possible while still being prepared:*

<u>Required Clothing:</u>			
	<u>OUTER LAYERS:</u>	<u>MIDDLE LAYERS:</u>	<u>INNER LAYERS:</u>
<b><u>Top:</u></b>	<input type="checkbox"/> Waterproof Shell - Gore-Tex or other	<input type="checkbox"/> Sweater/Jacket – Fleece or Wool	<input type="checkbox"/> Poly, Wool, etc.
<b><u>Bottom:</u></b>	<input type="checkbox"/> Waterproof Pants - Wool or Gore-Tex	<input type="checkbox"/> Pants – Fleece or Wool	<input type="checkbox"/> Long Underwear – poly or wool
<b><u>Head:</u></b>	<input type="checkbox"/> Warm Hat - a <b>MUST!</b> (fleece, fur, wool) <input type="checkbox"/> Fleece or wool scarf		
<b><u>Hands:</u></b>	<input type="checkbox"/> Gloves/Mittens - 2 pair (wool, Gore-Tex or poly)		
<b><u>Feet:</u></b>	<input type="checkbox"/> Double Boots/Pack Boots (Sorel type with removable liner)	<input type="checkbox"/> Wool Socks – at least 3 pair	
<b><u>Personal Gear:</u></b> <input type="checkbox"/> FULL Water Bottle(s) – at least 1 quart total capacity <input type="checkbox"/> Hearty Lunch for Day 1 <input type="checkbox"/> Favorite Healthy High Calorie Snacks – please limit or exclude candy <input type="checkbox"/> Personal Toiletries <input type="checkbox"/> Sunglasses for snow glare <b><u>If applicable:</u></b> <input type="checkbox"/> Eyeglasses and/or contact lenses & spare <input type="checkbox"/> Medicine  <b><u>Essential Extra Gear:</u></b> <input type="checkbox"/> Snowshoes - with traction (If we have snow) <input type="checkbox"/> 20' of Paracord		<b><u>Camping Gear:</u></b> <input type="checkbox"/> Sleeping Bag – warm mummy-style. If not winter-rated, bring 2 lighter bags. <input type="checkbox"/> Sleeping Pad - closed-cell foam pad or Therm-a-rest (cabin has hardwood bunks, no mattresses) <input type="checkbox"/> Headlamp or Flashlight (+ extra batteries) <input type="checkbox"/> Meal “Mess Kit”- Plate, Cutlery, Metal “Tin” Cup (for hot/cold drinks to use over the fire)  <b><u>OPTIONAL Gear:</u></b> <input type="checkbox"/> Small Journal & Pencil <input type="checkbox"/> Lip Balm / Chapstick <input type="checkbox"/> Warm Cabin Shoes (other than big boots – the floor is cold) <input type="checkbox"/> Sturdy Snow Sled – with tow rope & good lip (no flat sleds)	

*~All electronic devices are to stay at home (watches, cell phones, ipods, gaming devices, etc.)~*

***Winter woods in the Whites are a magical, fun, adventurous place to be.  
Be well prepared for your trip with proper gear, clothing & attitude!***

