

Fire + Water Day Program Gear List

If you have any questions, please feel free to contact us
207.361.1911 or info@whitepineprograms.org

Required**

Gear:

- Backpack with two sturdy straps for carrying food and gear
- Water bottle(s) (total volume of at least 1 quart)
- Bandana
- Healthy, hearty lunch & snacks for the day

Clothing: rule of thumb: dress in layers, avoid cotton, & label all clothing with child's name

Fall:

- Hunter orange during firearms hunting season (Late Oct. – Mid Dec.)
- Wool socks
- Sturdy sneakers or boots (puddle boots-weather dependent)
- Wool or poly base layer (long underwear top and bottom)
- Light sweater of wool or synthetic material
- Rain gear: waterproof coat and pants
- Extra wool socks for backpack

Winter:

- Wool socks
- Waterproof, insulated boots
- Long underwear: synthetic, silk, or wool
- Snow pants
- Sweater: fleece or wool
- Shell jacket, or jacket with liner, with water repelling qualities
- Mittens, waterproof
- Hat
- Neck warmer
- Extra wool socks and Mittens for backpack

Spring:

- Wool Socks
- Rain boots or closed toe water shoes (weather dependent)
- Wool or poly base layer (long underwear top and bottom)
- Rain Gear: waterproof coat and pants
- Light sweater of wool or synthetic material
- Extra wool sock for backpack

*** Please remember new, high tech gear is not required. Thrift stores, army surplus and hand me downs are all great ways to acquire appropriate gear for the program!*

Fire + Water
Spring Campout Gear List

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*We will email a seasonally appropriate camp out list as the campout date approaches. Please use this list as reference and to acquire required items if needed***

Required**

- Clothing & gear as listed for day program
- Sturdy backpack
- Warm, mummy style synthetic sleeping bag (cotton / flannel “rectangle” bags not appropriate)
- Camp Pad
- Water bottle(s) (total volume of 1 quart)
- Favorite hot beverage in thermos
- One full change of clothing in sealable bag
- “Mess Kit”- plate, bowl, utensils, cup (for hot beverages)
- Lunch and snacks for Wednesday
- Headlamp or flashlight
- Dinner contributions*

**Dinner plans will be communicated ahead of time if you are going to be asked to contribute*

Optional

- Comfort item such as small stuffed animal or blanket
- Head net as bug deterrent in spring

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