



White Pine Programs

Ways of the Wild Day Program Gear List

If you have any questions, please feel free to contact us:
207.361.1911 or amy@whitepineprograms.org

Required**

Gear:

- ___ Backpack with two sturdy straps for carrying food and gear
- ___ Water bottle(s) (total volume of at least 1 quart)
- ___ Bandana
- ___ Healthy, hearty lunch & snacks for the day
- ___ Knife- either a locking blade or a straight (full tang) sheath knife
- ___ Lighter and / or matches in ziploc bag
- ___ One extra pair wool socks for backpack

Clothing: rule of thumb: dress in layers, avoid cotton, & label all clothing with child's name

Fall:

- ___ Hunter orange during firearms hunting season (Late Oct. – Mid Dec.)
- ___ Wool socks
- ___ Sturdy sneakers or boots (puddle boots-weather dependent)
- ___ Wool or poly base layer (long underwear top and bottom)
- ___ Light sweater of wool or synthetic material
- ___ Rain gear: waterproof coat and pants
- ___ Extra wool socks for backpack

Winter:

- ___ Wool socks
- ___ Waterproof, insulated boots (Boots with removable liners are best!)
- ___ Long underwear: synthetic, silk, or wool
- ___ Snow pants
- ___ Sweater: fleece or wool
- ___ Shell jacket, or jacket with liner, with water repelling qualities
- ___ Mittens, waterproof
- ___ Hat
- ___ Neck warmer
- ___ Extras for backpack: ___ wool socks, ___ mittens

Spring:

- ___ Wool socks
- ___ Rain boots or closed toe water shoes (weather dependent)
- ___ Wool or poly base layer (long underwear top and bottom)
- ___ Rain Gear (coat and pants)
- ___ Light sweater of wool or synthetic material
- ___ Extra wool sock for backpack

Optional Items

- ___ Journal & Pen/Pencil



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Ways of the Wild Seasonal Campout Gear List

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*We will email a seasonally appropriate camp out list as the campout date approaches. Please use this list as reference and to acquire required items if needed***

Required

- ___ Clothing & gear as listed for day program
- ___ Sturdy backpack
- ___ Warm, mummy style synthetic sleeping bag (cotton / flannel “rectangle” bags not appropriate)
- ___ Camp Pad
- ___ Water bottle(s) (total volume of 1 quart)
- ___ Favorite hot beverage in thermos
- ___ One full change of clothing in sealable bag
- ___ “Mess Kit”- plate, bowl, utensils, cup (for hot beverages)
- ___ Lunch and snacks for Wednesday
- ___ Headlamp or flashlight

Dinner and breakfast plans will be communicated ahead of time if you are going to be asked to contribute ☺

Optional

- ___ Comfort item such as small stuffed animal or blanket
- ___ Head net as bug deterrent in spring

***** Please remember new, high tech gear is not required. Thrift stores, army surplus and hand me downs are all great ways to acquire appropriate gear for the program!***

