



# White Pine Programs

## Winter Wildlife Tracking Intensive GEAR LIST

New, used or borrowed all work equally well. We will ensure that gear will not be a barrier to your participation, let us know if we can help set you up with needed clothing or equipment.

### REQUIRED ITEMS

- Backpack--sturdy and roomy enough for lunch, field guides, journal, water, etc.
- Water bottle(s) 2 quarts total capacity
- Small journal & writing implement
- Measuring device (measuring tape or small ruler)
- Thick Soled Boots (mid-calf or higher w/ removable liners preferred) for winter snow
- Socks: wool for cold weather + extra pair in backpack
- Hat, mittens/gloves & face covering
- Warm sweater or fleece zip up/pullover (non-cotton/wool)
- Wind resistant winter jacket
- Non-cotton layers including long underwear
- Snowshoes for use in deep snow
- Medications you may need

### SUGGESTED ITEMS

- Headlamp (+extra batteries)
- Bandana
- Matches/lighter
- Light-weight shoes or slippers for classroom evenings
- Your favorite tracking or naturalist field guide(s) (WPP has books to lend)
- Trekking poles--we are often off-trail and on uneven terrain

### FOR CABINS

- Sleeping bag with cold rating under 32 degrees F
- Insulated Sleeping pad (Foam or cold rated pad)
- Musical Instrument (*optional*)
- Snacks to share :) (*optional*)

### *\*Unplugged Adventure\**

We limit phone use to keep us present in the field & invite you to join us!

**Commented [1]:** Do we need to ask them to bring camping pads as well? Or are these mattresses?