



# White Pine Programs

## Winter & Spring Breaks Gear List

### General Gear

- Backpack with two sturdy straps for carrying lunch and gear
- Water bottle(s) (total volume of at least 1 quart)
- Healthy lunch & snacks for the day
- Extra wool socks, hat & gloves/mittens.
- A bandana

### WINTER:

- Wool socks
- Waterproof, insulated boots (Pack boots ie- removable liners are great!)
- Long underwear, synthetic, silk, or wool
- Snow pants
- Sweater, fleece or wool
- Shell jacket, or jacket with liner, with water repelling qualities
- Mittens, waterproof
- Hat, neck warmer, and Balaclava/face mask (on extra cold days)
- Extra wool socks and mittens for backpack

### SPRING:

- Wool Socks
- Rain boots or closed toe water shoes (weather dependent)
- Wool or poly base layer (long underwear top and bottom)
- Rain Gear (coat and pants)
- Light sweater of wool or synthetic material
- Extra wool socks for backpack